

21 K – detailed description

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For distance references (in km), see the route map at blefjellsbeste.com.

Start – Fiskeløysen, 0 – 2,2 km: Good path, some marsh, slightly hilly terrain, easy to run.

Fiskeløysen – Butjønnseter parking, 2,2 – 3,0 km: Path and road along the lake Fiskeløysen. A narrow bridge when passing the dam.

Butjønnseter parking – Hvide Hesten, 3,0 – 6,1 km: Pay attention when passing the parking area at Butjønnseter. If many cars, it may be more difficult to see the ribbons. After Butjønnseter it is mostly uphill, on a good path. Follow the signs “21”.

Hvide Hesten – Blenut (1213 masl), 6,1 – 9,0 km: Open mountain terrain. Mostly uphill, on a good path.

Blenut – Åklinut (1245 masl), 9,0 – 12,3 km: The route follows the mountain ridge to the south. No path here, but easy to run. Elevation up to Nystulfjellet and further to Åklinut.

Åklinut – Krokjønn south end, 12,3 – 16,9 km: The route takes to the north from the summit. The descent is quite steep, on a narrow path. Mostly downhill, and the path widens towards Krokjønn. South of Krokjønn the route takes off from the path, to the right (south-east).

Krokjønn south end– Fiskestien, 16,9 – 17,8 km: The route follows a narrow path across a mountain hill, «Lille-Ble» (932 masl), and further to the fishermen’s trail, «Fiskestien». Follow the signs “21”.

Fiskestien – Bestebu, 17,8 – 20,8 km: First 400 m downhill on a narrow path, you encounter a tractor road and take this to the left (north). After 700 m you will see a turnpike. Then take left (south) onto a broad dirt road. Follow it for 1,7 km to the parking lot of Blefjells Beste. Take the path uphill to the left, now only 200 m remains.

CONGRATULATIONS, YOU ARE A FINISHER!